CONDITIONS FOR LIFTING RESTRICTIONS
The World Health Organization has set forth the following guidelines for transitioning from a “scenario of community transmission to a sustainable, steady-state of low-level or no transmission:”

1. Disease Transmission is Under Control
   ○ The number of daily positive COVID-19 cases has remained flat since the first positive case was reported to Mesa County on 03/14/2020; there are a total of 37 positive cases as of 04/21/2020. The greatest spike in numbers occurred in early April when four positive cases were reported for a single day. Our curve has remained flat for 39 days
   ○ Hospitalizations among Mesa County residents have been minimal; there have been 6 total hospitalizations (4 discharged) as of 04/21/2020
   ○ Mesa County’s online Symptom Tracker has had 667 entries, data peaked on March 29th and then tapered and flattened on April 5th
2. There are Sufficient Health System and Public Health Capabilities
   ○ The Mesa County Public Health drive-through sampling facility has been operating since March 17, 2020, and has tested nearly 900 residents with symptoms. Of the COVID-19 tests processed in Mesa County only 4 percent have been positive
   ○ Mesa County hospitals test all elective surgery patients and at-risk healthcare staff. Initially, 500 tests per month will be performed among local hospitals with the ability to increase to 1,500 tests once surgery facilities are fully operational
   ○ Mesa County hospitals have the capacity to begin testing for COVID-19 in their own labs
   ○ Mesa County has 81 ICU beds with the potential to expand to 125 with 102 critical and noncritical ventilators
   ○ Mesa County Public Health developed a community medical surge plan in collaboration with local hospitals. On average, the hospitals have enough PPE to last two months under normal conditions. Mesa County Public Health has reserved 20% of the critical PPE supplies from the local Medical Cache allocation to backfill the hospitals as needed
   ○ The Mesa County Public Health Epidemiology team consists of four disease surveillance specialists who do contact investigations on every positive case. Case investigations are completed within 24 hours. Contact tracing is also performed with people who were in direct contact with identified positive cases
   ○ Among positive cases in Mesa County, over half have been traced to a known source
3. Outbreak Risks in High-Vulnerability Settings are Minimized
   - Mesa County Public Health has a team assigned to correctional facilities in Mesa County
   - Mesa County Public Health has a team assigned to local facilities that work with nearly 500 homeless individuals
   - Mesa County Public Health has a team assigned to address policies and procedures in nursing homes
   - Mesa County Public Health has a team that works with child care facilities
   - Mesa County Public Health has the ability to bring COVID-19 sampling offsite and the ability to train partners on how to do COVID-19 sampling at their location

4. Workplace Preventive Measures are Established
   - Guidelines addressing prevention have been written and distributed to schools, workplaces, and other essential places as outlined in this document (Phases 1, 2, and 3)

5. Risk of Imported Cases Managed
   - Limits have been set for non-essential travel
   - Recommendations have been sent to appropriate property owners discouraging short-term rentals
   - Mesa County Public Health is involved in a weekly meeting with members representing our federal lands, Colorado National Monument, Colorado Parks and Wildlife, local city park officials, and other outdoor-resource representatives
   - There are currently restrictions to prohibit camping in State Parks
   - 200 signs have been posted on public lands. The signs outline appropriate physical distancing practices in parking lots and trailheads
   - There are protocols in place related to transporting patients to Mesa County hospitals from other regional hospitals
   - The Grand Junction Regional Airport has protocols for handling an exposed or potentially infectious person at the airport. The Aircraft Rescue and Fire Fighting (ARFF) team is the lead at the airport

6. Communities are Fully Engaged
   - Mesa County Public Health Nurses are working with healthcare facilities to implement physical distancing guidelines
   - The Mesa County Public Health retail food licensing team, along with MCPH health educators are working with local businesses to implement physical distancing guidelines
   - Mesa County Public Health community organizers are working with local residents on education and compliance related to physical distancing guidelines
   - Mesa County Public Health is working with outdoor recreation facilities to implement physical distancing guidelines
PUBLIC HEALTH RECOMMENDATIONS FOR ALL RESIDENTS OF MESA COUNTY

- Maintain physical distancing (6 feet)
- Adults 65 years and older and high-risk populations should limit public interactions and stay at home as much as possible
- Use cloth face coverings for interactions where physical distancing is not possible or when entering public places
- People with symptoms should stay home and should not go to work
- Wash hands frequently with soap and water. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.

DETERMINING SUCCESS DURING ALL PHASES OF REOPENING

The determination on whether the social distancing policies are working will be based on: 1) keeping the proportion of positive tests to less than 10% of overall tests conducted, and 2) staying below the threshold of less than 70 COVID-19 hospitalizations among our four local hospitals (St. Mary’s, Community, Colorado Canyons, and VA Medical Center). If respective numbers for either of these measures exceeds the stated limit, actions will be taken to improve social distancing practices in Mesa County. It may be necessary to reissue local Stay at Home orders. It is vital that everyone participate in this effort.

GUIDELINES FOR ALL SECTORS:

- Perform frequent environmental cleaning and disinfection (concentrate on high touch surfaces like tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.)
  - Healthcare facilities
  - Postmortem care facilities
  - Laboratories
  - Other, non-healthcare facilities
- Employees and contracted workers whose duties include close contact with members of the public shall wear a non-medical cloth face covering over the nose and mouth
- Employees are encouraged to wear a non-medical cloth face covering over the nose and mouth while working, except where doing so would inhibit the individual’s health
- Maintain at least six feet distance from each other
- Monitor workforce for compatible symptoms
- Implement or maintain return to work policies
  - Healthcare facilities
  - Critical infrastructure workers after exposure

SPECIFIC RECOMMENDATIONS BY SECTOR

Public gatherings

- Allow public gatherings of no more than 10 people
- Maintain at least six feet distance from each other
No festivals or other large gatherings until at least July 1st, at which time the situation will be evaluated to determine when and if festivals and other types of large gatherings can resume.

Large venues shall remain closed (movie theaters, concert facilities, sporting event facilities, etc.)

**Offices**
- Encourage telework, wherever possible
- Maintain at least six feet distance from customers and each other
- Desks, work stations, and other work areas should be separated by at least six feet. If fixed stations exist, separate employees or clients by leaving one station in between. Workstations separated by walls that are six feet or higher can remain as they are
- Implement or maintain physical barriers for high-contact settings (e.g. reception areas)
- Implement physical distance protocols in common areas (separate tables and chairs by at least six feet)
- Place markings on the floor to maintain at least six feet distance in customer lines; try to establish one-way passage as much as possible
- Only essential travel is allowed
- Consider return to work in phases as applicable
- Implement or maintain flexible sick leave policies and practices
- Consider accommodations for high-risk individuals or populations
- Employees and contracted workers whose duties include close contact with members of the public shall wear a non-medical cloth face covering over the nose and mouth
- All employees are encouraged to wear a non-medical cloth face covering over the nose and mouth while working, except where doing so would inhibit the individual’s health

**Retail and personal services (as applicable)**
- Critical businesses that were open under the stay at home order should maintain the same precautions and physical distancing practices
- As much as possible, continue curbside delivery while phasing into public opening
- Personal services (salons, tattoo parlors, dog grooming, etc.) and non-critical can open under the following guidelines.
  - Spread people out so there is at least six feet distance between individuals throughout
  - Limit the number of clients to 30% of the facility’s fire code capacity
  - Separate workstations (tables, chairs, etc.) by six feet. If fixed stations exist, separate clients by leaving one station in between. Workstations separated by walls that are six feet or higher can remain as they are
  - Implement or continue early opening for high-risk individuals
  - Implement or maintain physical barriers for high-contact settings (e.g. cashiers)
  - Implement or maintain one-way entry/exit and aisles
○ Employees and contracted workers whose duties include close contact with members of the public shall wear a non-medical cloth face covering over the nose and mouth
○ Implement or maintain curbside services in businesses as a preferred method
○ Stagger shifts if feasible to decrease the number of employees at the business
○ Maintain at least six feet physical distancing in waiting areas
○ Place markings on the floor to maintain at least six feet distance in customer lines
○ Implement touchless payment methods when possible
○ Encourage the public to wear cloth face coverings to enter the businesses

Restaurants
● Bars shall remain closed, including those that are part of restaurants
● Continuing take out and delivery is highly encouraged
● As much as possible, continue curbside delivery while phasing into public opening
● Spread people/tables out so there is at least six feet distance between individuals throughout
● Limit the number of clients to 30% of your fire code capacity
● Place markings on the floor to maintain at least six feet distance in customer lines
● Implement touchless payment methods when possible
● Implement or maintain physical barriers for high-contact settings (e.g. cashiers)
● Stagger shifts if feasible to decrease employee numbers at the business
● In-room dining shall follow strict physical distancing
● Group parties should be limited to no more than six people. People within a party should be family members or acquaintances who have previously been in contact with each other and there is limited risk of disease transmission
● Don’t allow public sharing of utensils or condiments
● Buffets shall have an employee serving the food, no self-serving allowed
● Self-serving stations shall remain closed (drinking stations, bulk dry, etc.)
● Maintain physical distancing (six feet) in waiting areas
● Employees and contracted workers whose duties include close contact with members of the public shall wear a non-medical cloth face covering over the nose and mouth
● Encourage the public to wear cloth face coverings to enter the businesses

Elective, Medical and Health Services
● Visitation to hospitals and senior living facilities is prohibited at this time
● Elective surgeries can resume
● Elective health services can reopen with while adhering to the following precautions
  ○ Use adequate PPE that protects the provider and the client
  ○ Implement one-way entry/exit and aisles
  ○ Use an appointment system to minimize the time in waiting rooms
  ○ Maintain physical distancing (six feet) in waiting rooms
  ○ Implement or maintain physical barriers for high-contact settings (e.g. front desk)
  ○ Encourage the public to wear cloth face coverings to enter the businesses
○ Employees and contracted workers (other than providers) whose duties include close contact with members of the public shall wear a non-medical cloth face covering over the nose and mouth

Recreation
● Maintain physical distancing in outdoor settings (6ft while hiking, 15ft while running or biking)
● Open outdoor recreation facilities where adequate controls can be implemented to ensure physical distancing (six feet)
● Limit public gatherings to no more than 10 people
● Camping should be limited to one family per campsite
● No group camping allowed, in individual campsites or group casites
● Playground equipment shall remain closed
● Swim beaches shall remain closed
● Perform frequent cleaning and disinfection of bathrooms and high-touch surfaces
● Only essential travel allowed; avoid traveling outside of your county or local community for recreation

Education
● Limited in-person learning for specific settings (e.g. technical college)
● Limit classrooms to no more than 10 people
● Maintain at least six feet distance from each other
● Higher education, K-12, and organized youth activities shall remain closed
● Child cares can reopen with the following precautions
  ○ Perform frequent environmental cleaning and disinfection (concentrate on high touch surfaces like playgrounds, toys, tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.)
  ○ All employees shall wear a non-medical cloth face covering over the nose and mouth while working with children
  ○ Maintain at least six feet distance from coworkers
  ○ Implement physical distance protocols in common areas (separate tables and chairs by at least six feet)
  ○ Symptomatic children should be excluded from care
  ○ To the extent possible, limit the sharing of utensils, toys, and classroom materials
  ○ To the extent possible, limit shared spaces to one classroom at the time (e.g. playgrounds)

Real Estate
● In-person home showings can resume
● Maintain at least six feet distance from customers and each other
● Cloth face coverings are highly encouraged
● Prior to a showing, ensure clients are not experiencing respiratory symptoms
● Open houses are prohibited at this time
Places of worship
- Continue online or drive-by services as much as possible
- When offering on-site services:
  - Limit the number of participants to 30% of your fire code capacity
  - Operate with strict physical distancing practices
  - Spread people out so there is at least six feet distance between families throughout
  - Place markings on the floor to maintain at least six feet distance where lines form
  - Implement or maintain one-way entry/exit and aisles
  - Implement touchless offering options as much as possible
  - Encourage employees and the public to wear cloth face coverings
  - Discourage people from attending if they are experiencing any symptoms
  - Perform frequent cleaning and disinfection of bathrooms and high-touch surfaces

Gyms
- Can operate IF the following physical distancing and cleaning practices are possible
  - Limit the number of clients to 30% of your fire code capacity
  - Spread people out so there is at least six feet distance between individuals throughout
  - Group classes are not allowed
  - Saunas, pools (indoor and outdoor) and shared spaces should remain closed
  - Food/drink bars shall remain closed